

Introduction to Intramuscular Injections

PART ONE: Practice intramuscular injections on the model using the following steps:

1.	Verify MAR with written order from provider
2.	Review medication reference information (proper dosage, side effects, contraindications, etc.)
3.	Gather supplies needed for preparing and administering medication
4.	Wash your hands with sanitizer or soap/water
5.	Compare MAR with medication; complete the Rights of Administration
6.	Draw up the correct dose; complete the Rights of Administration
7.	Wash your hands with sanitizer or soap/water
8.	Gather supplies. Lock medication cart and ensure no patient information is visible per HIPAA
9.	Knock, enter room and provide for privacy
10.	Identify yourself with name and title (student nurse, medical assistant, etc.)
11.	Wash your hands with sanitizer or soap/water
12.	Identify patient by asking name and date of birth and verify this information with the MAR
13.	Explain the procedure to the patient, ask if they have any questions and verify allergies with MAR
14.	If not completed at the cart, complete the Rights of Administration
15.	Apply clean gloves
16.	Assist patient to comfortable position and select appropriate site
17.	Clean site with alcohol swab
18.	Remove needle cap and hold syringe securely (pull skin to the side if performing Z-track)
19.	Inset needle in a dart like motion at 90-degree angle and aspirate for blood (depending on site)
20.	Administer injection into the model and withdraw needle (let skin return if performing Z-track)
21.	Apply alcohol swab or gauze firmly over site for several seconds
22.	Ask your patient if they are comfortable and if they have any questions and observe for signs of allergic reaction
23.	Remove gloves and wash your hands with sanitizer or soap/water
24.	Document medication administration on the MAR

Introduction to Intramuscular Injections Check-Off

(Medication Administration Record)

Patient	Grant, Hannah	MRN	1524833
Date of Birth	02/28/XXXX	Provider	Frey
Age	22 years	Allergies	NKDA

Medication	Time	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Ketorolac (Toradol) 30mg IM	Initials							
	Site							
Ketorolac (Toradol) 15-30mg IM every 6 hours PRN	Initials							
	Site							

Initials	Signature/Title	Initials	Signature/Title